NOAA NWS EXTENDS EXCESSIVE HEAT WARNING FOR L.A. COUNTY OPERATIONAL AREA CITIES AND UNINCORPORATED AREA COMMUNITIES UNTIL 8 P.M. PDT ON THURSDAY, JULY 4, 2013

The National Oceanic and Atmospheric Administration (NOAA) National Weather Service (NWS) Los Angeles/Oxnard Office announced it has extended the Excessive Heat Warning for the Los Angeles County Operational Area cities and unincorporated area communities: Acton, Los Angeles County Mountains and Mt. Wilson until 8 p.m. PDT on Thursday, July 4, 2013.

Excessive Heat conditions are forecasted to continue across the lower mountain elevations of Southwestern California through the Fourth of July. It will remain hot and humid across the mountains, especially at the lower elevations. Heat Index readings will climb between 100 and 105 degrees in many lower elevation locations each afternoon. Higher mountain elevations will also see temperatures approach record levels with temperatures well into the 80 and 90 degrees. Very warm temperatures will continue into the night time hours with the warmest locations experiencing minimum temperatures in the 70 to low 80 degrees.

Precautionary Preparedness Actions:

- To reduce risk during outdoor work the Occupational Safety and Health Administration recommends scheduling frequent rest breaks in shaded or air conditioned environments. Anyone overcome by heat should be moved to a cool and shaded location. Heat Stroke emergency – call 911. Also, never leave children, seniors/older adults or pets in enclosed vehicles even for a short period of time. Even if the windows are partially open temperatures can quickly rise to life-threatening levels.

For additional information on the Excessive Heat Warning – LA County Cooling Centers list, please go to http://lacounty.gov Emergency Alerts and LA County Announcement sections. For disaster/emergency preparedness information, please go to http://lacoa.org and http://espfocus.org.

Sources: NWS Los Angeles/Oxnard office – http://www.wrh.noaa.gov/lox/

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